





ACCESSIBLE SPORTING EVENT - CHECKLIST

## ENSURE THAT:

## The venue is accessible

- □ The signs are clear and easy to read, and there are enough of them.
- □ The passageways are even, hard-surfaced, not slippery and sufficiently wide.
- □ The parking places are close by. Accessible parking places are clearly signed, and at least 3600 mm wide.
- □ The drop off is located near an accessible entrance.
- □ The entrance is covered, well illuminated and easy to find.
- □ The assistants and guides have free admission.
- □ There are no floor level differences at the venue or a ramp or elevator has been built in addition to any stairs, or an alternative accessible route has been clearly signed.
- □ The gradient of any ramp is at most 8% indoors, and 5% outdoors, and the ramp must be at least 1000 mm wide.
- □ The stairs are easy to use and have handrails on both sides.
- □ For main premises with differences in floor level, the size of the elevator must be at least 1200 mm x 2300 mm and the doorway at least 1000 mm.
- □ The venue has an accessible toilet. For large events, several accessible toilets are needed. When using portable toilets, some of these must be accessible.
- □ In addition to the main premises, any other facilities (e.g. storage rooms and restrooms) are accessible.
- □ The lighting is sufficient and without glare.
- □ The doors, walls, furniture and fittings have enough contrast to be distinguishable from their background.



- □ The doors are easy to open and doorways are at least 900 mm wide; 1000 mm wide for sports facilities.
- □ The main premises must be fitted with a functional audio induction loop system and marked with the induction loop symbol.

## It is possible to participate in the event

- □ The premises are clearly marked, and pictures and signs are used to help with the sports instructions.
- □ The start and finish points of sports tasks have been marked clearly.
- □ The assistance and service dogs have been taken into consideration in the event organisation, e.g. with designated places.
- □ The event organisers are prepared to assist and to guide, or there are general assistants available on site.
- □ Event organisers and general assistants are clearly distinguishable from guests, e.g. by wearing special clothing.
- □ All materials and event notifications are multi-channel (Braille, clear text, tactile map, etc.).
- □ A microphone is used at the event (people with hearing aids can use an audio induction loop).
- □ The person in charge of the activities is prepared to describe any visual material, e.g. photos.
- □ The rescue plan has taken into consideration people with mobility issues and reduced functional ability.



## ESKE – specialised in information on accessibility

The Accessibility Centre ESKE of the Finnish Association of People with Disabilities is a part of the organizational work done by the Association. ESKE's tasks include advocacy, sharing information, producing material, training, guiding and consultation. ESKE's work also includes organising events and seminars that support accessibility. ESKE is actively co-operating with various organisations, authorities and other parties to promote accessibility.

ESKE maintains the website at www.esteeton.fi. It is a comprehensive and upto-date source of information on accessibility. It is a channel through which accessibility information and material produced by ESKE and other operators is shared with everyone. In addition to practical information regarding living arrangements and getting around, for example, the website also publishes topical news as well as an event calendar covering accessibility events organised by different parties.



The Finnish Sports Association of Persons with Disabilities (VAU) is a sports and physical activity organisation whose main task is to open doors into the world of physical activity. VAU's members include associations and clubs who organise physical activity for disabled people, as well as associations of people with disabilities and patients working on a regional level.

VAU organises activities for people of all ages: from family events and recreational sports all the way to competitive sports. Special Olympics Finland, which coordinates the sports activities of people with disabilities, is a part of VAU's work.

VAU's values are inclusion, community spirit, accessibility and fairness.



Accessibility Centre ESKE, Finnish Association of People with Disabilities

Mannerheimintie 107, 00280 Helsinki tel. 09 613191 www.esteeton.fi eske@invalidiliitto.fi



Finnish Sports Association of Persons with Disabilities (VAU)

Valimotie 10, 4th floor, 00380 Helsinki tel. 044 752 9360 www.vammaisurheilu.fi toimisto@vammaisurheilu.fi